



## INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

### Digitální učební materiál

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Ročník studia	4.
Předmět nebo tematická oblast	Anglický jazyk
Výstižný popis způsobu využití materiálu ve výuce	Doplňkový materiál pro výuku anglického jazyka Inovace: komplexní procvičení slovní zásoby tematického okruhu Health and Lifestyles na úrovni B1 s využitím ICT při přípravě pracovního listu.

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## Health and Lifestyles

### VOCABULARY

#### 1. Complete the chart with words from the box.

<i>sore throat</i>	<i>surgeon</i>	<i>diarrhoea</i>	<i>swollen glands</i>	<i>sneezing</i>	<i>pharmacist</i>
<i>sprained ankle</i>	<i>cough</i>	<i>black eye</i>	<i>patient</i>	<i>tonsillitis</i>	<i>concussion</i>
<i>appendicitis</i>	<i>flu</i>	<i>bruise</i>	<i>general practitioner (GP)</i>		

injuries	diseases	symptoms	people

#### 2. Complete the following sentences with the correct form of one word from the box in exercise 1.

- 1) Look at Tim. He's been fighting and now he can't see because he has a \_\_\_\_\_.
- 2) I have \_\_\_\_\_, I keep going to the toilet.
- 3) A \_\_\_\_\_ is a doctor who doesn't specialize in any particular area of medicine.
- 4) He should definitely stop smoking, he \_\_\_\_\_ a lot.
- 5) I hit on the desk and now I have a large \_\_\_\_\_ on my arm.
- 6) Bad luck! Our best footballer can't play – he was fouled and has a \_\_\_\_\_ now.
- 7) Lucy will have to stay in hospital for a few days. She's got \_\_\_\_\_. She fell off her horse and hit her head badly.
- 8) When you have \_\_\_\_\_ you have difficulty swallowing because there is an infection in your throat.
- 9) He is in good hands – he was operated on by an experienced \_\_\_\_\_.
- 10) What are the symptoms of a cold? A sore throat, \_\_\_\_\_ and a cough.

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### 3. Match the following health problems with their definitions.

*asthma      lung-cancer      hangover      bleeding      hay fever      heart attack*

a)	people are allergic to grasses and flowers
b)	you lose blood from your body as a result of an injury
c)	splitting headache after drinking too much alcohol
d)	smoking is one of the major causes of this illness
e)	chest illness causing breathing problems
f)	your blood pump gives you a lot of pain and beats irregularly

### 4. What functions do the following internal organs perform?

liver	
kidneys	
lungs	
stomach	
brain	
intestines	

### 5. Choose the odd one out and give a reason for your choice.

Example: chemist is different because it is not a doctor.

- 1) psychiatrist    paediatrician    chemist      gynaecologist
- 2) plaster      filling      dental floss    cavity
- 3) pneumonia    crutch      arthritis      anaemia
- 4) paramedic    stretcher    ambulance    wisdom tooth
- 5) painkiller    infection    drops      pills
- 6) tiredness    pain      runny nose    injection
- 7) scalpel      stethoscope    check-up    x-ray

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### 6. Read the text and complete it with the following words.

*examine    pulse    appointment    pharmacy    thermometer    symptoms*  
*temperature    prescription    waiting room*

Last month I didn't feel well for a few days so I had to go to the doctor. First I phoned and made an (1) \_\_\_\_\_ because my doctor is usually busy and I didn't want to queue for a long time. When I came I took a seat in the (2) \_\_\_\_\_ and soon the nurse asked me in. I told the doctor the (3) \_\_\_\_\_ of my illness and he wanted to (4) \_\_\_\_\_ me. He listened to my heart, took my (5) \_\_\_\_\_ with his (6) \_\_\_\_\_ and then he held my wrist to feel my (7) \_\_\_\_\_. He said it wasn't a serious problem and gave me a (8) \_\_\_\_\_ for some medicine which I took to the (9) \_\_\_\_\_ on the way home. I took the medicine, stayed in bed for two days and recovered soon.

### SPEAKING

### 7. What factors influence your health? Which do you think are the most important ones?

- physical exercise
- healthy and unhealthy diet
- stress
- good sleep
- smoking
- drinking alcohol
- vegetarianism
- other ?

### 8. Discuss the following questions about health with your partner:

- What do you do to keep fit?
- What do you consider a healthy and an unhealthy diet?
- Do you think people today are healthier than 100 years ago? Why? Why not?
- What in our modern lifestyle contributes to bad health?
- Have you ever been on a diet? Did it help?
- What can people do to prevent falling ill?
- What do you think are the most serious illnesses today?
- Do you think being a doctor is a good job? Why? Why not?

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### 9. Work in pairs. How are the following pictures related to health?



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[http://commons.wikimedia.org/wiki/File%3AJogging\\_couple.jpg](http://commons.wikimedia.org/wiki/File%3AJogging_couple.jpg)

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### Answer key:

- injuries:** sprained ankle, black eye, concussion, bruise      **diseases:** diarrhoea, tonsillitis, appendicitis, flu      **symptoms:** sore throat, swollen glands, sneezing, cough      **people:** surgeon, pharmacist, patient, general practitioner
- 1 black eye 2 diarrhoea 3 GP 4 coughs 5 bruise 6 sprained ankle 7 concussion 8 tonsillitis 9 surgeon 10 sneezing
- a hay fever b bleeding c hangover d lung-cancer e asthma f heart attack
- students' own answers
- 1 chemist (not doctor) 2 plaster (not linked with teeth) 3 crutch (not disease) 4 wisdom tooth (not linked with first-aid) 5 infection (not medicine) 6 injection (not symptom) 7 check-up (not doctor's instrument)
- 1 appointment 2 waiting room 3 symptom 4 examine 5 temperature 6 thermometer 7 pulse 8 prescription 9 pharmacy
- students' own answers
- students' own answers
- students' own answers

### Zdroje:

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Redman, S.: English Vocabulary in Use Pre-Intermediate & Intermediate . Cambridge: Cambridge University Press, 1997. ISBN 0-521-55737-2

Thomas, B.J.,: Intermediate Vocabulary. Harlow: Longman Group Limited, 1998. ISBN 0-17-557127-9

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